



Build Emotional Strength

Where: Temple Akiba
5249 S. Sepulveda,
Culver City, CA 90230

Meeting: 2 evenings per month
2nd & 4th Wednesdays
6:30pm—8:30pm

Bereavement / Life Transitions Group

A group dealing with bereavement and/or changes in relationships, career, social, family and health issues. Build emotional strength by sharing your feelings with others in a supportive and confidential atmosphere.

For more information contact: 310-398-5783
or via email at: admin@templeakiba.net
Visit us at: www.templeakiba.net

Non-Members are welcome

The group is led by Shirley Hirschberg,
Social Worker and Life Style Counselor

FREE for Temple Akiba members

